

BEATING DIABETES MEETING

WHERE

Chancy Drugs Valdosta Classroom

2333 North Ashley Street Valdosta, GA 31602
(229) 245-9922

TOPICS: **MEDICATIONS** · MEAL PLANNING ·
MANAGEMENT TIPS · BLOOD SUGAR GOALS · **RISK**
FACTORS · BALANCED LIFESTYLES



**ALL AGES
WELCOME!**

WEDNESDAY
OCTOBER 10, 2018
5 PM

SATURDAY
OCTOBER 27, 2018
10 AM

WEDNESDAY
NOVEMBER 14, 2018
5 PM

WEDNESDAY
NOVEMBER 28, 2018
5 PM

WEDNESDAY
DECEMBER 12, 2018
5 PM

THURSDAY
DECEMBER 20, 2018
10 AM